

## Lir Bar Menu

### Starters

Home-made Soup of the Day

Seafood & Potato Chowder

Salad of Cajun Chicken & Bacon, Garlic Croutons, Honey & Mustard Dressing

Golden Fried Garlic Mushrooms with Garlic Mayonnaise

Thai Style Fish Cakes with Sweet Chilli Dressing

Smoked Salmon Plate with Lemon, Caper & Shallot Dressing

Crisp Vegetable Spring Rolls, Mixed Leaves

Sesame Seed & Honey Coated Chicken Wings

Warm Spiced Beef Salad with Roasted Red Onion & Bell Peppers

## Mains Bar

Chargrilled 8oz Fillet of Irish Beef with Garlic Gratin Potato, Pepper Sauce or Garlic Butter

Chargrilled 10oz Sirloin of Irish Beef with Fried Onion Rings, Pepper Sauce or Garlic Butter

Baked Fillet of Salmon with Creamed Leeks, White Wine & Prawn Sauce

Panfried Medallions of Pork Loin with Wild Mushroom, Apple & Cider Sauce

Golden Fried Fillet of Cod with Mushy Peas & Tartare Sauce

Vegetable & Spinach Cannolini Spiced Tomato Sauce with Mozzarella & Parmesan Shavings

Golden Fried Chicken Kiev, Garlic & Parsley Butter

Beef & Guinness Casserole, Puff Pastry Crust

Baked Fishermans Pie, Gratinated Potato Crust

Chargrilled Home-made Burger with Grilled Bacon on a Toasted Bap

All the above is served with French Fries & Salad or Potatoes & Vegetables

## Paninis, Wraps & Sandwiches

All Paninis & Wraps served with Side Salad & Chips

Honey Baked Ham & White Cheddar Cheese

Roast Cajun Chicken, Tomato & Mozzarella

Chicken Caesar Salad Wrap

Sliced Cajun Chicken, Cos Lettuce, Parmesan Shavings & Caesar Dressing

Spiced Beef Wrap

Sliced Spicy Beef Mixed Peppers Crisp Salad Leaves & Chilli Mayonnaise

Steak Baguette

Sauteed Steak Strips Bell Peppers & Onion on a Toasted Baguette with a Tossed Leaf Salad & Served with French Fries

Open Tuna Melt

On Home-made Brown Bread with Melted White Cheddar Cheese & a Tossed Leaf Salad

Toasted Special

Ham, Cheese, Tomato & Onion on Toasted White or Wholemeal Bread with a Tossed Leaf Salad

Smoked Irish Salmon & Lemon Cream Cheese on a Toasted Bagel with a Tossed Leaf Salad

## Sandwiches

Please choose your bread

Wholemeal or White

Toasted

Panini

Bagel

Soft Tortilla

Baguette

All served with Tossed Leaf Salad & Choice of Fillings:

Ham, Chicken, Cajun Chicken, Tuna, Cheddar Cheese, Beef, Salad,  
Coleslaw

Add Smoked Salmon for