

## YONKA FACIALS

Express Facial Escale Beaute	35mins	€45.00
Le Grands Classique Facial	1hr25mins	€95.00
Optimizer	1hr25mins	€95.00
Alpha - Vital (Recommended to be done October - March)	55mins	€70.00
Eclat Eye Contour Treatment	45mins	€45.00
Hydralessence Visage	55mins	€70.00

For him:

Skin Fitness	55mins	€65.00
Power Moist	55mins	€65.00
Age Defence	55mins	€70.00

## MASSAGE (for him and her)

Full Body Swedish Massage	25/55mins	€30/€65
Full Body Deep Tissue Massage	55mins	€70.00
Hot Stone Massage	25/55mins	€45/85
Yonka Aroma Lux Massage	55mins	€80.00
Lawish Hand and Foot Treatment	55mins	€65.00

Couples Room Available on Request

## HOLISTIC TREATMENTS

Up lift and Soothe Dry Float Tank	25mins	€40.00
Reiki	1hr	€70.00
Ear Candling with Scalp Massage	1hr	€70.00
Reflexology	1hr	€70.00
Indian Head Massage	45mins	€65.00



## ENHANCEMENTS TREATMENTS

### FACIAL TREATMENTS

Eye lash tint	€10.00
Eye Brow tint	€6.00
Eye Brow Shape	€10.00
Eye Lash, Tint Brow and Shape	€23.00
Eye Brow Wax	€10.00

### WAXING TREATMENTS

Half Leg	€15.00
Full leg	€26.00
Full Leg / bikini	€32.00
Bikini Line	€15.00
Under Arm	€12.00
Lip & Chin	€15.00
Lip, Chin & Brow	€25.00

### FOR HIM

Back	€30.00
Lower Back	€20.00
Chest	€30.00
Abdomen	€20.00
Toes & Fingers	€15.00
Legs (see above)	

### HAND & FOOT TREATMENTS

Hand File & Polish	€15.00
Hand File & French Polish	€18.00
Toe File & Polish	€15.00
Toe File & French Polish	€18.00
All Nail File & Polish	€25.00
All Nail File & French Polish	€30.00

### MAKE-UP

#### BY SLA (ORGANIC MAKE-UP)

Make-up	€30.00
MAke-up Lesson	€55.00
Bridal Trial	€40.00

### TANNING TREATMENTS

Xen Tan and Fake Bake	Full Body	€40.00
	Half Body	€28.00
Exfoliation for tanning (full body polish)		€30.00
(half body polish)		€20.00

## BODY TREATMENTS

### SHORE ISLAND LUXURY MANICURE 45mins €45.00

A Manicure so luxurious and clinically-proven, it transforms ordinary services into an extraordinary spa experience. The results are nothing short of sensational - softer, smoother, younger-looking hands and the results improve with consistent and continued use.

### SHORE ISLAND LUXURY PEDICURE 55mins €55.00

Sit back and relax in our Deluxe Pedicure Throne whilst we tend to your tired feet. The seat will massage your back as your feet are rejuvenated in the multi-jet foot spa. Pedicure by OPI restores your feet with treatment options that refresh and re-energise.

### SHORE ISLAND LUXURIOUS 55mins €55.00 HEAD TREATMENT

Relieve the day to day stresses through a back scalp & face massage using luxurious warm oils to suit your needs.

### GOMMAGE MARIN 25mins €45.00

This energising scrub with Guerande sea-salt grains is enriched with essential oils of petit-grain, verbana and rosemary. A thorough exfoliation treatment that leaves your skin soft and satin-smooth.

### SIONS VELOURS 55mins €65.00

Moisturising body polish treatment - Invigorating or relaxing. One treatment for satin soft skin with two choices according to your preference. Choose from marine mineral salts for an invigorating scrub, or a moisturising exfoliating soft gel peel for a more relaxing, gentle treatment. Followed by a nourishing massage for satin soft skin.

### PHYTO FERMETE 1hr25mins €95.00

Lifting and firming body treatment. Includes massage movements to firm and tone body contours and a wrapping technique using Yon-ka's five essential oils. Recommended as part of a course.

### PHYTO MARINE - SEAWEED 1hr 25mins €105.00

Slimming body treatment

This seaweed wrap will leave the skin silky smooth. Containing two different types of algae it will remineralise and firm the skin. Completed with precisely targeted stimulating essential oils, giving visible results that will encourage you to continue as part of a course.

### PREGNANCY PAMPERING TREATMENT 55mins €90.00

A pampering duo of treatments to help prevent stretch marks and revive tired spirits with a combination of full body relaxation and heavy, tired leg relief.

### LIGHTEN UP 30mins €45.00

This back neck and shoulder massage is specifically designed to release tension and muscle fatigue. This treatment focuses on specific muscles responsible for supporting the pregnant tummy.