

Starters



LOUGH REA
HOTEL & SPA



- Homemade Soup of the Day** (*GF Available*) (1a, 1b,3,7,9,12) €5.50
- Galway Bay Seafood Chowder** (*GF Available*) €7.50
Fresh Seasonal Fish, Double Cream, Vegetables and White Wine (1a, 1b,2,3,4,7,9,12,14)
- BBQ or Spicy Chicken Wings** Small €6.95/Large €11.50
Homemade Blue cheese dip and celery sticks (1a,3,6,7,9,10)
- Chicken Caesar Salad** (*GF Available*) Small €8.95/Large €12.50
Baby Cos Lettuce, Cajun Chicken, tossed in a Creamy Caesar Dressing,
Herb Croutons and Parmesan Shavings topped with a Smoked Bacon Crisp (1a, 3, 4,7,10, 12)
- Oven Baked Potato Skins** €8.50
Loaded with Chorizo, Mushrooms and Smoked Irish Cheddar Cheese
with petit salad, Sour cream and chives (7, 10,12)

Dessert

- Sticky Toffee Pudding** €5.95
Vanilla ice cream and butter scotch sauce (1a,3,6,7,8)
- Homemade Chocolate Brownie** €5.95
Chocolate sauce and Vanilla Ice Cream (1a,3,6,7,8)
- Rustic Apple Tart** €5.95
Vanilla ice cream and Crème Anglaise (1a,3,7,12)
- Cheese Cake of The Day** €5.95
Fruit coulies and Ice Cream (1a,3,7,8)
- Selection of Ice Cream** €5.95
Wafer Basket and Chocolate Sauce (1a,3,6,7,8)
- Raspberry & Almonds Frangipane Tart** €5.95
Fruit coulies and Vegan Ice Cream (5,6,8) *(Vegan & gluten free)*

Allergens

1. Cereals containing Gluten- 1a Wheat, 1b Oats, 1c Barley, 1d Rye, 2. Crustaceans, 3. Egg, 4. Fish,
5. Peanuts, 6. Soybean, 7. Milk, 8. Nuts, 9. Celery, 10. Mustard,
11. Sesame Seed, 12. Sulphur Dioxide & Sulphites, 13. Lupin, 14. Molluscs

Main Course



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★★★★

Roast Joint of the Day	€14.95
Potatoes and Seasonal Market Vegetables (7,9,12)	
8oz Irish Beef Burger	€15.95
Brioche Bun, Tomato, Smoked Bacon, Applewood smoked Cheddar Cheese and chunky chips (1a,3,7,12)	
Thai Red Chicken Coconut Curry	€16.50
Vegetables, fresh Chillies, Ginger, Coconut milk with Steamed Aromatic Jasmin Rice (4,6,8,9,11,12)	Prawns (2) €17.50
Grilled 10oz Hereford Irish Beef Striploin Steak (7,12)	€25.50
Cooked to Order, with Sautéed Mushrooms & Onions	
- Peppercorn Sauce (7,9,12) <u>or</u> Garlic Butter (7)	
- Creamed Potatoes & Seasonal Vegetables (7,12) <u>or</u> Hand Cut Chips (1a,12)	
Fresh Fillet of Cod Fried in a Light Beer Batter	€16.00
Hand Cut Chips, Homemade Tartar Sauce and Mint & Pea Puree (1a,1c,3,4,10)	
Southern fried Chicken Burger	€15.95
Brioche Bun, Jack Daniels Mayo, Smoked Bacon, Applewood Smoked Cheddar Cheese and Skinny Chips (1a,3,6,7,10,12)	
Wild Mushroom Ravioli	€13.50
Mushroom white wine cream sauce, Roast Cherry Tomatoes and Parmesan shavings (1a,3,7,10,12)	
Vegan Falafel Wrap	€12.50
Hummus, Red Peppers, Marinated Beetroot, Onions Mix leaves and Hand Cut Chips (1a,6,10,12)	

Sides

Hand Cut Chips (1a,12)	€3.95	Jasmine Rice	€3.95
Skinny Chips (1a,12)	€3.95	Seasonal Vegetables (7,12)	€3.95
Creamed Potatoes (7,12)	€3.95	Mixed Side Salad (10)	€3.95
Onion Rings (1a)	€3.95	Homemade Coleslaw (3,7)	€3.95

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7. Milk,
8. Nuts,
9. Celery,
10. Mustard,
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11. Sesame Seed, 12. Sulphur Dioxide & Sulphites, 13. Lupin, 14. Molluscs