

Sample Sunday Lunch Menu



LOUGH REA
HOTEL & SPA
★★★★

Starters

Homemade Soup of the Day (GF Available) (1a, 1b,3,7,9,12)

€5.50

Galway Bay Seafood Chowder (GF Available)

€7.50

Fresh Seasonal Fish, Double Cream, Vegetables and White Wine (1a, 1b,2,3,4,7,9,12,14)

BBQ or Spicy Chicken Wings

Small €6.95/Large €11.50

Homemade Blue cheese dip and celery sticks (1a,3,6,7,9,10)

Chicken Caesar Salad (GF Available)

Small €8.95/Large €12.50

Baby Cos Lettuce, Cajun Chicken, tossed in a Creamy Caesar Dressing,
Herb Croutons and Parmesan Shavings topped with a Smoked Bacon Crisp (1a, 3, 4,7,10, 12)

Oven Baked Potato Skins

€8.50

Loaded with Bacon, Mushrooms and Smoked Irish Cheddar Cheese
with petit salad, Sour cream and chives (7, 10,12)

Dessert

Sticky Toffee Pudding

€5.95

Vanilla ice cream and butter scotch sauce (1a,3,6,7,8)

Homemade Chocolate Brownie

€5.95

Chocolate sauce and Vanilla Ice Cream (1a,3,6,7,8)

Rustic Apple Tart

€5.95

Vanilla ice cream and Crème Anglaise (1a,3,7,12)

Cheesecake of the Day

€5.95

Fruit coulies and Ice Cream (1a,3,7,8)

Selection of Ice Cream

€5.95

Wafer Basket and Chocolate Sauce (1a,3,6,7,8)

Raspberry & Almonds Frangipane Tart

€5.95

Fruit coulies and Vegan Ice Cream (5,6,8) *(Vegan & gluten free)*

Allergens

1. Cereals containing Gluten- 1a Wheat, 1b Oats, 1c Barley, 1d Rye, 2. Crustaceans, 3. Egg, 4. Fish,
5. Peanuts, 6. Soybean, 7. Milk, 8. Nuts, 9. Celery, 10. Mustard,
11. Sesame Seed, 12. Sulphur Dioxide & Sulphites, 13. Lupin, 14. Molluscs

Main Course



LOUGH REA

HOTEL & SPA



Roast Joint of the Day

€14.95

Potatoes and Seasonal Market Vegetables ^(7,9,12)

Grilled Catch of the Day

€14.95

Herb Roasted Potatoes & White Wine Cream Dill Sauce ^(2,4,7,12,14)

Oven Baked Chicken Supreme

€14.95

Herb Roasted Potatoes, Wild Mushroom & Sauce ^(6,7,9,12)

Thai Red Chicken Coconut Curry

€16.50

Vegetables, fresh Chillies, Ginger, Coconut milk
with Steamed Aromatic Jasmin Rice ^(4,6,8,9,11,12)

Prawns (2) €17.50

Fresh Fillet of Cod Fried in a Light Beer Batter

€16.00

Hand Cut Chips, Homemade Tartar Sauce and Mint & Pea Puree ^(1a,1c,3,4,10)

Wild Mushroom Ravioli

€13.50

Mushroom white wine cream sauce, Roast Cherry Tomatoes and Parmesan shavings
^(1a,3,7,10,12)

Vegan Falafel Wrap

€12.50

Hummus, Red Peppers, Marinated Beetroot, Onions
Mix leaves and Hand Cut Chips ^(1a,6,10,12)

Sides

Hand Cut Chips ^(1a,12)

€3.95

Jasmine Rice

€3.95

Skinny Chips ^(1a,12)

€3.95

Seasonal Vegetables ^(7,12)

€3.95

Creamed Potatoes ^(7,12)

€3.95

Mixed Side Salad ⁽¹⁰⁾

€3.95

Onion Rings ^(1a)

€3.95

Homemade Coleslaw ^(3,7)

€3.95

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11. Sesame Seed, 12. Sulphur Dioxide & Sulphites, 13. Lupin, 14. Molluscs