



LOUGH REA  
HOTEL & SPA



# EVENING MENU

**Soup of the Day (V) €6.00**

Guinness Bread & Salted butter (GF Available)  
(1a, 7, 9, 12)

**West Coast Seafood Chowder €7.50**

Guinness Bread & Salted Butter (1a, 2, 4, 7, 9, 12)

**Mozzarella Bruschetta €8.50**

Marinated Tomatoes on a Garlic Ciabatta, Pesto & Buffalo Mozzarella (1a, 7, 8)

**Só Superfood Salad €9.50**

Goat's Cheese, Baby Leaves, Cherry Tomatoes, Red Onions, Squash, Roasted Peppers, Walnuts, House Dressing (7) Main Course €14.00

**Hot Sauce or BBQ Chicken Wings €9.00**

Homemade Blue Cheese Dip and Celery Sticks (1a, 1c, 3, 6, 7, 9, 12) Main Course with Chips €15.00

**Cajun Chicken and Bacon Salad €15.50**

Smoked Bacon, Baby Leaves, Tomatoes, Red Onions, Garlic Potatoes, Pesto & Coleslaw (3, 8)

**10oz Prime Irish Sirloin Steak €29.00**

Served with Chips, Sautéed Mushrooms and Onions, Choice of Peppercorn or Garlic Butter (7, 12)

**Half Roast Duck €26.50**

Braised Red Cabbage, Pomme Puree. Served with Orange Red Wine Jus (7, 12)

**Lir Bar Beef Burger €17.50**

8oz Angus Beef Burger, Marinated Sicilian Peppers, Brie, Red Onion Jam. Fries and Side Salad (1a, 3, 7, 12) Add Bacon €1.00

**Stir Fry Noodles €15.00**

Served with Soy Ginger & Chilli (1a, 2, 3, 6, 9, 11, 12)  
Add Chicken €2.50 Add Shrimps €3.50

**Veggie Burger (V) €14.50**

Cauliflower & Quinoa Burger, Tomato Chutney, Garlic Mayo. Toasted Bun with Fries & Side Salad (1a, 3)

**Spinach & Ricotta Tortellini (V) €17.50**

Cherry Tomatoes and Pesto Cream Sauce (1a, 7, 8)

**Wild Mushroom Risotto (V) €18.50**

Truffle Oil and Parmesan Shavings (7)

**Fish of The Day €19.50**

Served with Seasonal Market Vegetables and Potatoes. Please Ask Your Server For Details. (4, 7, 12)

**Beer Battered Fish & Chips €18.00**

Dressed Baby Leaf Salad, Pea Puree and Tartare Sauce (1, 4, 7)

**Supreme of Irish Chicken €17.50**

Pomme Puree, Black Pudding, Celeriac Puree, Herb Jus (1a, 7, 9, 12)

## Sides

Fries	€4.00
Creamed Potatoes (7)	€4.00
Seasonal Vegetables (7)	€4.00
Tossed Side Salad	€4.00
Garlic Ciabatta Bread (1a, 7)	€4.00
Beer Battered Onion Rings (1a, 3)	€4.00
Truffle & Parmesan Fries (7)	€5.00

Allergen Index: 1. Cereals Containing Gluten, 1a. Wheat 1b Oats 1c Barley 1d Rye, 2. Crustaceans, 3. Egg, 4. Fish, 5. Peanuts, 6. Soybean, 7. Milk, 8. Nuts, 9. Celery, 10. Mustard, 11. Sesame Seeds, 12. Sulphur Dioxide/sulphites, 13. Lupin, 14. Molluscs.

Although all due care is taken during meal preparation, Cross contamination risks are possible.

## DESSERTS

<b>Vanilla Cheesecake</b>	€7.50
Blueberries, Meringue Drops (1a, 3, 7)	
<b>Toffee Buttermilk Panna Cotta</b>	€7.50
with Dehydrated Banana (1a, 3, 7)	
<b>Triple Chocolate Mousse</b>	€7.50
Dark chocolate, White chocolate with Baileys, Milk chocolate, Berry Compote (1a, 3, 7)	
<b>Apple Crumble</b>	€7.50
Custard and Vanilla Ice Cream (1a, 3, 7)	
<b>Chocolate Brownie</b>	€7.50
Vanilla Ice Cream (1a, 3, 7)	
<b>Selection of Ice Creams</b>	€7.50
Strawberry, Vanilla & Chocolate (1a, 3, 7)	

## BARISTA & MORE

TEA	€3.00	HOT CHOCOLATE	€3.50
HERBAL TEA	€3.20	BAILEYS HOT CHOCOLATE	€8.80
LATTE	€3.80	BAILEYS COFFEE	€8.80
AMERICANO	€3.40	IRISH COFFEE	€8.80
CAPPUCCINO	€3.80	CALYPSO COFFEE	€8.80
FLAT WHITE	€3.80	HOT BRANDY	€6.20
ESPRESSO	€3.40	HOT WHISKEY	€5.80
DOUBLE ESPRESSO	€3.80	HOT PORT	€6.50

*Our Ethos as a company is to support **Irish Farmers** and procure **From Local Irish Producers** as a priority. Purchase with confidence knowing that our meats are farm to fork traceable and supporting local, regional and Irish food producers and jobs.*

