



LOUGH REA
HOTEL & SPA



Evening Menu

Starters

Soup of the Day (V) €6.50

Guinness Bread & Salted butter (GF Available)
(Contains Allergens: 1a Wheat, 7, 9, 12)

Galway Bay Seafood Chowder €8.50

Guinness Bread & Salted Butter
(Contains Allergens: 1a Wheat, 2, 4, 7, 9, 12)

Black Pudding & Potato Salad €9.50

Clonakilty Black Pudding, Bacon Lardons, Roasted Baby Potatoes, Crisp Mesclun and Raspberry Dressing
(Contains Allergens: 1a Wheat)

Spiced Buffalo Chicken Wings €9.50

Lightly Spiced, Jack Daniels BBQ, Leaf Salad, Ranch Dressing and Celery Sticks (1a Wheat, 1c Barley, 6, 7, 9, 12)

Main Course with Chips €15.50

Classic Caprese Salad (V) €9.50

Plum Tomatoes, Fresh Mozzarella Cheese, Basil, Extra Virgin Olive Oil & Toasted Pine Nuts (Contains Allergens: 5, 7, 8 Pine Nuts, 9, 12)

Marinated Citrus Prawns Salad €10.50

Butterfly Prawns, Served With Garden Greens, Caper Berries, Lemon Ginger & Honey Dressing and Orange Segments (Contains Allergens: 2, 4, 7, 12)

Trio of Duck €12.50

Duck Pate, Duck Spring Rolls, Duck Salad, Mesclun, Hoisin Sauce, Caramelised Onion & Balsamic Toast
(Contains Allergens: 1a Wheat, 6, 7, 8, 9, 10, 11)

Sides

Fries (1a) €4.00

Cream Mash Potatoes (7) €4.00

Seasonal Vegetables (7) €4.00

Rocket & Parmesan Salad (7) €4.50

Our Famous Cajun Fries (1a, 7) €4.50

Home Made Onion Rings (1a) €4.50

Our Ethos as a company is to support Irish Farmers and procure From Local Irish Producers as a priority. Purchase with confidence knowing that our meats are farm to fork traceable and supporting local, regional and Irish food producers and jobs

Main Courses

Galway Bay Catch of the Day €19.50

Ask Your Server for Potatoes & Vegetables of the Day
(Contains Allergens: 3, 4, 7, 8, 9, 12)

Traditional Fish & Chips €17.50

With Beer Battered Fish, Mushy Peas, Tartar Sauce and Chips (Contains Allergens: 1a Wheat, 3, 4, 7, 9, 12)

Roast of the Day €17.50

Ask Your Server for Potatoes & Vegetables of the Day
(Contains Allergens: 1a Wheat, 3, 7, 9, 12)

8oz Prime Irish Ribeye Steak €28.50

Marinated Grilled Vine Cherry Tomatoes, Beer Battered Onion Rings, Three Pepper Corn Sauce and Chips
(Contains Allergens: 1a Wheat, 7, 12)

Braised Irish Lamb Shank €24.50

Thyme & Rosemary Marinade. Crème Potato, Seasonal Veg, Mint Scented Gravy (Contains Allergens: 7, 9, 12)

Spiced Supreme of Irish Chicken €18.50

Harissa Spiced, With Truffle Mash Potatoes, Herbs Vegetables and Star Anise Scented Red Wine Gravy
(Contains Allergens: 1a Wheat, 7, 9, 10, 12)

Paprika Marinated Chicken Burger €16.50

Cajun Mayonnaise, Wild Rocket, Brioche Bun & Chips
(Contains Allergens: 1a Wheat, 7, 8, 12)

Char Grilled Irish Beef Burger €16.50

Smoked Bacon, Red Cheddar Cheese, Brioche Bun, Tomatoes & Chips (Contains Allergens: 1a Wheat, 4, 6, 7, 8, 9, 10, 12)

6oz Steak Sandwich €20.50

Sirloin Steak, Grilled Ciabatta, Tomatoes, Mixed Leaf, Three Pepper Corn Sauce & Tomato Relish
(Contains Allergens: 1a Wheat, 7, 12)

Indian Style Chicken Curry €18.50

With Saffron Basmati Pilau Rice, Garlic & Coriander Naan Bread and Mango Chutney (Contains Allergens: 1a Wheat, 6, 7, 8, 9, 10, 11, 12) **Vegetarian €16.50 (V)**

Oriental Style Stir Fry (V) €16.50

With Egg Noodles, Light Soy & Ginger Sauce and Scallions (Contains Allergens: 1a Wheat, 6, 7, 8, 9, 10, 11, 12)

Add Chicken €2.00

Potato & Goat Cheese Tian (V) €16.50

With Wild Mushrooms, White Wine Garlic Cream Sauce Wilted Kale and Grilled Artichoke (7, 12)