

LUNCH MENU



LOUGH REA

HOTEL & SPA



Starters

Soup of the Day (V) €6.50
Guinness Bread & Salted butter (GF Available)
(Contains Allergens 6 Wheat, 7,8,9,12)

Galway Bay Seafood Chowder €8.95
Guinness Bread & Salted Butter
(Contains Allergens 1,2,3 Fish, 6 Wheat, 7,8,9,12)

Spiced Buffalo Chicken Wings €9.95
Lightly Spiced, Jack Daniels BBQ, Leaf Salad,
and Ranch Dressing (Contains Allergens 6 Wheat 7,8,9,11)

Main Course with Chips €15.50

Classic Caprese Salad (V) €9.95
Plum Tomatoes, Fresh Mozzarella Cheese, Basil,
Extra Virgin Olive Oil & Toasted Pine Nuts
(Contains Allergens 5 Pine nuts 7,8,9,12)

Classic Caesar Salad €9.95
Cajun Chicken, Baby Gem, Bacon Lardons, Parmesan Shavings
Garlic Croutons & Caesar Dressing
Contains Allergens 6 Wheat 7,8,9,11,12, 13}

Trio of Duck €12.95
Duck Pate, Duck Spring Rolls, Duck Salad, Mesclun,
Hoisin Sauce, Caramelised Onion & Balsamic Toast
(Contains Allergens 6 Wheat 7,8,9,11)

Sides

Fries (6a Wheat) €4.00
Cream Mash Potatoes (7) €4.00
Seasonal Vegetables (7) €4.00
Rocket & Parmesan Salad (7) €4.50
Our Famous Cajun Fries (6a Wheat, 7) €4.50
Home Made Onion Rings (6a Wheat) €4.50

Our Ethos as a company is to support Irish Farmers and procure From Local Irish Producers as a priority. Purchase with confidence knowing that our meats are farm to fork traceable and supporting local, regional and Irish food producers and jobs

Sandwiches

Smoked Salmon on Brown Bread €11.00
Garden Greens, Capers, Pickled Ginger, Lemon & Honey Dressing
(Contains Allergens 6 Wheat 7,8,9,11)

Smoked Turkey Rasher & Cranberry €10.00
With Olive Focaccia, Melted Brie and Wild Rocket
(Contains Allergens 6 Wheat 7,8,9,11)

Traditional Triple Decker BLT €9.50
Tomatoes, Bacon, Dressed Lettuce on White or Brown Bread
(Contains Allergens 6 Wheat 7,8,9,11)

Classic Ham & Cheese €9.00
Glazed Ham & Cheddar Cheese with Brown or White Bread
(Contains Allergens 6 Wheat 7,8,9,11)

Add Chips or Soup to Any Sandwich Order for €3.50

Main Courses

Roast of the Day €17.95
Ask Your Server for Potatoes & Vegetables of the Day
(Contains Allergens 6 Wheat, 7,8,9,10,11,12)

Galway Bay Catch of the Day €19.95
Ask Your Server for Potatoes & Vegetables of the Day
(Contains Allergens 1,3,6 Wheat, 7,8,9,12)

Char Grilled Irish Beef Burger €16.95
Smoked Bacon, Red Cheddar Cheese, Brioche Bun,
Tomato Relish, Tomatoes & Chips
(Contains Allergens 6 Wheat, 7,8,9,10,11,12)

Paprika Marinated Chicken Burger €16.95
Cajun Mayonnaise, Wild Rocket, Brioche Bun & Chips
(Contains Allergens 6 Wheat, 7,8,9,10,11,12)

Indian Style Chicken Curry €18.95
With Saffron Basmati Pilau Rice, Garlic & Coriander
Naan Bread and Mango Chutney
(Contains Allergens 6 Wheat, 7,8,9,10,11,12)

Vegetarian €16.50 (V)

Oriental Style Stir Fry Noodles (V) €16.95
With Egg Noodles, Light Soy & Ginger Sauce and
Scallions (Contains Allergens 6 Wheat, 7,8,9,10,11,12)

Add Chicken €2.00