

COELIAC / GLUTEN FREE menu

STARTERS

SOUP OF THE DAY 7.50
served with gluten free bread
(7,8,9,12)

GALWAY BAY SEAFOOD CHOWDER 9.50

served with gluten free bread (1,2,3, 7,8,9,12)

LIGHTLY SPICED BUFFALO CHICKEN WINGS 9.95

hot sauce, peppered, leaf salad, ranch dressing (7,8,9,11)

DUO OF DUCK SALAD 10.50

duck pate, oriental style duck salad, hoisin sauce, salad mesclun & pickled ginger (7, 8,9,10,11)

CLASSIC CAPRESE 9.50

plum tomatoes, fresh mozzarella cheese, basil, extra virgin olive oil & toasted pinuts
(5 pine nuts 7,8,9,12)

MAINS

FRESH GALWAY BAY LOCAL CATCH OF THE DAY 20.95

served with potato & vegetables (1,3,7,8,9,12)

ROAST OF THE DAY 18.95

served with potato & vegetables (7,8,9,11,12)

CHARGRILLED IRISH BEEF BURGER 19.95

smoked bacon, red cheddar cheese, red onions, brioche bun, tomatoes (7,8,9,10,11,12)

PAPRIKA MARINATED CHICKEN BURGER 17.50

cajun mayonnaise, wild rocket, gluten free brioche bun & chips (7,8,9,10,11,12)

8 OZ IRISH RIBEYE STEAK 29.95

marinated grilled plum tomatoes, three pepper corn sauce and mash potatoes (7,8,9,11,12)

PAN FRIED SUPREME OF CHICKEN 18.95

with truffle mash potatoes, herbs vegetables and red wine gravy (7,8,9,10,11,12)

DESSERT

WILD BERRY PAVLOVA 7.50

strawberry, fresh cream, wild berry coulis and vanilla ice cream
(5 walnuts 7,8,9,11)

CHOCOLATE & COCONUT TART 7.50

fresh cream| vanilla ice cream & chocolate sauce
(contains allergens 5 walnuts 7,8,9,11)

WARM CHOCOLATE BROWNIE 7.50

with vanilla ice cream and chocolate drizzle
(contains allergens 5 walnuts, 8,9)