

# LUNCH

## menu

### STARTERS

**SOUP OF THE DAY** 6.95  
homemade guinness brown bread (6 wheat, 7, 8, 9, 12)

**GALWAY BAY SEAFOOD CHOWDER** 8.95  
served with brown soda bread (1, 2, 3 fish, 6 wheats, 7, 8, 9, 12)

**CRISPY SPICED BUFFALO CHICKEN WINGS** 9.95  
jack daniels barbeque or hot sauce, peppered leaf salad & ranch dressing (6 wheat, 7, 8, 9, 11)

**TRIOLOGY OF DUCK** 10.50  
with duck spring roll, duck pate, confit of duck salad hoisin sauce, pickled ginger, crisp mesclun & ginger dressing (6 wheat, 7, 8, 9, 10, 13)

**FLAME GRILLED CHICKEN CAESAR** 9.95/15.95  
crisp cos leaves, garlic croutons, shaved parmesan & caesar dressing (6 wheat, 7, 8, 9, 11, 13)

**CLASSIC CAPRESE** 9.50  
with plum tomatoes, fresh mozzarella, toasted pine nuts, wild rocket, basil oil and pesto (6 wheat, 7, 8, 9, 10, 13)

**CHICKEN & MUSHROOM VOL AU VENT** 9.95/15.95  
creamy chicken with mushroom in puff pastry shell (6 wheat, 7, 8, 9, 11, 12, 13)

### SANDWICHES

**SMOKED SALMON ON BROWN BREAD** 10.95  
horseradish mayonnaise, assorted lettuce, red onions, caper berries and lemon (6 wheat, 7, 8, 9, 11)

**TRADITIONAL BLT** 10.50  
with tomatoes, bacon, dressed lettuce in ciabatta bread (6 wheat, 7, 8, 9, 11)

**SMOKED TURKEY RASHER & BRIE** 9.95  
with focaccio bread, wild rocket, cranberry mayo (5 pine nuts, 6 wheat, 7, 8, 9, 11)

**DOUBLE CHEESSE PANIN** 10.50  
buffalo mozzarella, sundried tomatoes & pesto (6 wheat, 7, 8, 9, 11)

**CLASSIC HAM & CHEESE** 9  
glazed ham & cheddar cheese with brown or white bread (6 wheat, 7, 8, 9, 11)  
*add soup: 3.50 | add chips: 3.50*

### MAINS

**CHARGRILLED BEEF BURGER** 17.90  
smoked streaky bacon, with pickled onions, mature dubliner cheese, bourbon and ballimaloe tomato relish, brioche bap & rustic fries (6 wheat, 7, 8, 9, 10, 11, 12)

**CAJUN SPICED CHICKEN BURGER** 16.95  
cajun marinated chicken fillet, ruby coleslaw, wild rocket & rustic fries (6 wheat, 7, 8, 9, 10, 11, 12)

**ROAST OF THE DAY** 18.95  
served with potato & vegetables of the day (6 wheat, 7, 8, 9, 10, 11, 12)

**CONFIT OF DUCK LEG** 19.50  
crispy duck leg, lightly marinated vegetables and ornage scented gravy (6 wheat, 7, 8, 9, 10, 11, 12)

**CHICKEN SCHNITZEL** 18.95  
with roasted baby potatoes, dressed leaves and mustard beurre blanc (6 wheat, 7, 8, 9, 10, 11, 12)

**GALWAY BAY CATCH OF THE DAY** 19.95  
served with potato & vegetables of the day (1, 3, 6 wheat, 7, 8, 9, 12, 13)

**INDIAN STYLE VEGETABLES CURRY** 16.50  
garlic & coriander naan bread, steamed basmati rice pulao mango chutney (6 wheat, 7, 8, 9, 10, 11, 12)  
*add chicken: 2.45 (18.95)*

**GNOOCHI PESTO** 18.50  
with pesto cream sauce and sundried tomatoes & parmesan shavings (6 wheat, 7, 8, 9, 11, 12, 13)  
*add chicken: 4.95 | add prawns: 5.95*

### SIDES ORDERS

**ROCKET AND PARMESAN SALAD** (6 wheat, 8, 9) 4.50  
**CREAMY MASH** (7, 9) 4.00  
**RUSTIC FRIES** (6 wheat, 8, 9) 4.00  
**FAMOUS CAJUN FRIES** (6 wheat, 8, 9) 4.50  
**MARKET VEGETABLES** (7, 8, 9) 4.00  
**ONION RINGS** (7, 8, 9) 4.00  
**SWEET POTATO FRIES** (7, 8, 9) 4.00



LOUGH REA  
HOTEL & SPA

