

ALL DAY

menu

STARTERS

SOUP OF THE DAY

served with brown soda guinness bread (6 wheat,7,8,9,12)

ORANMORE BAY SEAFOOD CHOWDER

served with brown soda guinness bread (1,3 fish,6 wheats,7,9,12)

LIGHTLY SPICED BUFFALO CHICKEN WINGS

buffalo sauce peppered, leaf salad (4,5,6 wheat,8,9,10,13)

THAI STYLE CHICKEN WINGS

chef secret sauce, leaf salad (4,5,6 wheat,8,9,10,13)

CRISPY DUCK SALAD

lightly spiced house made vinaigrette, peanut raju daikon and beetroot twist, roquito peppers & baby mix leaves (1,4,5,6 wheat,8,9,10,12,13)

GARLIC FRIED MUSHROOMS

cream cheese, garlic & chive dip side salad (6 wheat,7,8,9,12)

PRawns EXPLOSION

trio of marinade, julienn vegetable, red roast pepper & coconut cream (1,2,3,4,5,8,9,10,13)

TRIO IRISH COAST PATE

salmon, hake, smoked haddock, pickled vegetables, pistachio crust, grilled brioch bread (1,2,3,4,5,6 wheat,7,8)

SOUTHERN CHICKEN SALAD

bacon, poached smoke egg, pita croutons, honey and lime dressing (1,7,11,13)

SANDWICHES

SOUTH KOREAN PORK

pork, red onion rings, iceberg salad & housemade korean bbq dipping sauce (1,3,4,5,6 wheat 7,8,9,11,13)

CLASSIC TRIPLE DECKER BLT

with tomatoes, bacon, dressed lettuce in white or brown bread (1,5,7,11,13)

BRIE CHEESE & AVOCADO

with brie cheese, avocado, wild rocket salad, sun dried tomatoes (1,6 wheat 7,8,9)

CHICKEN HOUSE CLUB

smoked chicken, lettuce, mayo, pan fried egg, crispy bacon (1,5,6 wheat 7,8,9,11,12,13)

CLASSIC HAM & CHEESE

glazed ham & cheddar cheese with brown or white bread (1,5,6 wheat 7,9,13)

VEGAN CEASAR WRAP

toasted chickpeas, freshly made hummus, vegan smoked bacon, lettuce (1,4,12)

add chips 3.50 | add soup 3.50

PIZZAS

PIZZA CACCIATORA

cajun chicken, pepperoni, streaky bacon, mozzarella cheese, tomatoes sauce, basil (1,6 wheat,7,9,11)

PIZZA MEXICAN TWIST

ham, cajun chicken, red onions, roasted peppers, tomatoes sauce, mozzarella cheese, honey (1,6 wheat,7,9,11,12)

PIZZA VEGETARIAN

red onions, bell peppers mix, mushrooms, sweetcorn's, pesto sauce, mozzarella cheese, tomatoes sauce (1,4,5,6 wheat,7,9,11,12)

MAIN COURSES

7.50

FRESH GALWAY BAY LOCAL CATCH OF THE DAY 21.95

ask your server for potatoes & vegetables of the day (2,3,7,8,9,13)

10.95

ROAST OF THE DAY

ask your server for potatoes & vegetables of the day (1,6,7,11,12)

10.95

GRILLED IRISH SMASH BEEF BURGER

smoked bacon, dubliner cheese, brioche bun, beef tomatoes, iceberg salad, house made nduja & blue cheese sauce, smoky onions (1,4,6,7,9,10,11)

10.95

ULTRA CRISPY CHICKEN BURGER

chipotle mayo, baby gem salad leaves, brioche bun, kohlrabi coleslaw, beef tomatoes, red onions & chips (1,2,3,4,5,6,7,8,9,11)

10.95

ORIENTAL STYLE STIR FRY CHICKEN

with egg noodles, light soy & ginger sauce and scallions (1,2,3,4,5,7,8,9,10,11,12,13)

9.95

or vegetable (add prawns - 5.00)

10.95

THAI STYLE CHICKEN CURRY

jasmin rice, garlic & coriander nan bread and mint raitta sauce (1,3,5,6,7,9,10,12)

10.95

LAMB SHOULDER ROULADE

bacon rope garden vegetables, parmesan & garlic gratin potatoes, bordelaise sauce (6,7,9,12,13)

10.95

TRADITIONAL FISH N CHIPS FINGERS

with beer battered fish, peas veloute, spicy coleslaw, tar-tar sauce and chips (1,3,6 wheat,7,9,11,13)

11.95

10oz IRISH RIBEYE STEAK

confit vine cherry tomatoes, beer battered onion rings, portobello & garlic mushroom, three peppercorn or bearnaise sauce and chips (1,6 wheat,7,9,11,12)

10.95

DARK MISO SALMON

cous-cous duo, basil ratatouille, dark miso sauce (1,2,3,4,5,6 wheat,7,8,10,13)

11.95

MEDITERRANEAN TOFU & VEGETABLES (M)

coconut & cashew, herb oil and tahini drizzle (4,5,6,8,12)

10.95

TAGLIATELLE A LA BOSCAiola

nduja sausages, creamy porcini mushroom sauce, parmesan reggiano (2,3,6,7,9,11,12)

add chicken 4.50 | add prawns 5.00

9.95

SIDES

SEASONAL VEGETABLES (7)

4.00

CREAMY MASH POTATOES (7)

4.00

CHIPS (6 wheat,7,9)

4.00

HOMEMADE ONION RINGS (1,7,11)

4.00

BABY CRISPY SPINACH SALAD

4.00

almonds, naar, dates, lemon chia dressing (4,5,8,9)

CHAR GRILLED TENDERSTEM BROCCOLI

4.00

tahini and honey dressing (4,5,9)

Allergen Index: 1. Cereals Containing Gluten – 1a: Wheat, 1b: Oats, 1c: Barley, 1d: Rye, 2. Crustaceans, 3. Eggs, 4. Fish, 5. Peanuts, 6. Soybean, 7. Milk, 8. Nuts, 9. Celery, 10. Mustard, 11. Sesame Seeds, 12. Sulphur Dioxide/ Sulphites, 13. Lupin, 14. Molluscs.



LOUGH REA
HOTEL & SPA

★★★★

